

CURRICULUM VITAE

Name: URBI MUKHERJEE

Current Designation and Institutional Affiliation: Assistant Professor, Department of Applied Psychology, Kazi Nazrul University, Asansol, West Bengal, India

Address for Communication: Department of Applied Psychology, Vidyacharcha Bhavan, Kazi Nazrul University, P.O. Kalla CH, Asansol (W.B.)-713340

E-mail: mukherjee.urbi@gmail.com/urbi.mukherjee@knu.ac.in

Academic Qualifications:

Name of course	Year of passing	Board / University	Division	% of Marks Obtained
M.Phil (in Clinical Psychology)	2014****	West Bengal University of Health Sciences	I	69.25*
M.A. Applied Psychology (Specialization: Clinical, Forensic and Correctional Psychology)	2010	University of Calcutta	I	72.5**
B.A. (Psychology Hons.)	2008	University of Calcutta	I	66.75***
Higher Secondary (H.S.)	2005	WBCHSE	I	78.1
Madhyamik Pariksha (M.P.)	2003	WBBSE	I	83.5

- Qualified UGC-NET in June, 2013

- **** Academic year for M.Phil in Clinical Psychology was 2011-2013, but M.Phil Part II Examination 2013 held in January-February, 2014
- *** Ranked first
- ** Ranked second
- * Ranked ninth
- Cleared all the exams in first attempt
- Pursuing PhD under University of Calcutta

Professional Qualification:

M.Phil in Clinical Psychology

Registration as Clinical Psychologist under Rehabilitation Council of India; Registration No.: A41195

Present occupational status:

Assistant Professor in Department of Applied Psychology, Kazi Nazrul University, Asansol

Work Experience:

- Teaching experience (as full time faculty): Assistant Professor in Dr. A.P.J. Abdul Kalam Gov't. College, NewTown, Kolkata under Department of Higher Education (W.B.E.S), Gov't. of West Bengal from 15.12.2005 to 31.05.2018.
- Teaching experience as a Guest Faculty in the M.A./ M.Sc. classes (including clinical case supervision)
- Worked as a Guest Teacher in the Post P.G. Diploma Course in School Counselling (2014-2015) in the Department of Applied Psychology, University of Calcutta.
- Attached to the Service Programme Unit of Department of Applied Psychology, University of Calcutta, as a Counsellor and Test Administrator.
- Worked as a Project fellow in the UGC- DRS I (SAP) Project, Department of Applied Psychology, University of Calcutta (from 30.08.2010 to 09.11.2011).
- Served as a demonstrator in the Training Programme for the B.Sc/ M.Sc students of the Government College of Nursing at N.R.S Medical College from 1.06.09- 5.06.09, organized by Department of Applied Psychology and assisted the faculty in teaching practical patient management.
- Teaching experience in taking classes in the Post Graduate Counseling Course (Project: "EARN WHILE YOU LEARN") conducted by Department of Applied Psychology, University of Calcutta.

Published Papers in Journals:

1. **Poddar, S. & Mukherjee, U. (In press).** Ascending Child Sexual Abuse Statistics in India during COVID-19 lockdown: A darker reality and alarming mental health concerns. *Indian Journal of Psychological Medicine*. [ISSN: 0253-7176; Online ISSN: 0975-1564]

2. **Poddar, S., Sanyal, N., Das, B. & Mukherjee, U. (In press).** Rorschach Variables as Diagnostic Differentiator of Dissociative Disorder, Borderline Personality Disorder and Schizophrenia. *Asian Journal of Psychiatry*. [ISSN 1876-2018]
3. **Mukherjee, U., Basu, J. & Banerjee, U. (2019).** Attachment, aggression orientation and emotion regulation in patients with Borderline Personality Disorder- An Interpersonal Perspective. *Humanities and Social Science Studies*, 8(1), 70-81.
4. **Poddar, S., Sanyal, N. & Mukherjee, U. (2018).** Is Childlessness a Reflection of Narcissism: A Comparative Study. *Humanities and Social Science Studies*, 7(1), 54-71.[ISSN: 23496711/ 23496959]
5. **Poddar, S., Sinha, V.K. & Mukherjee, U. (2017).** Impact of Acceptance and Commitment Therapy on Valuing Behaviour of Parents of Children with Neurodevelopmental Disorders. *Psychology and Behavioral Science*, 3(3), 1-5.[ISSN: 24747688]
6. **Mukherjee, U., Bhattacharya, B., Mukhopadhyay, S., Poddar, S. (2017).** A comparative study of psychosocial factors of obesity. *The International Journal of Educational and Psychological Researches*, 3(2), 87-95. [ISSN: 22790179]
7. **Mukherjee, U., Bhattacharya, B., Mukhopadhyay, S., Poddar, S. (2016).** Psychological predictors of obesity. *The International Journal of Indian Psychology*, 3(3), 154- 168. [ISSN 2348-5396 (e), ISSN: 2349-3429 (p), ISBN: 978-1-365-03420-6]
8. **Poddar, S., Sinha, V.K., Mukherjee, U. (2015).** Challenges of Parents having Developmentally Challenged Children- An Intervention Approach using Acceptance and Commitment Therapy. *Family Medicine and Primary Care*, 4(4), 604-605.[ISSN: 2249-4863/ 2278-7135]
9. **Poddar, S., Sinha, V.K., Mukherjee, U. (2015).** Acceptance and Commitment Therapy on Parents of Children and Adolescents with Autism Spectrum Disorders. *International Journal of Educational and Psychological Researches*, 1(3),221-225.[ISSN: 2279-0179/ 23952296]
10. **Mitra, S., Mahintamani, T., Kumar, V., Poddar, S., Mukherjee, U., Kavoor, A.R. & Chatterjee, S.S. (2015).** Problematic Internet Use among students of Mental Health: Preliminary findings from eastern India. *Journal of Neurosciences in Rural Practice*, 6(3), 452-454. [ISSN: Print -0976-3147, Online - 0976-3155]
11. **Poddar, S., Hameed, N.T., Pandey, J.M., Mitra, S. & Mukherjee, U. (2014).** Psychological interventions in pervasive developmental disorder: An overview. *Industrial Psychiatry Journal*, 23(2), 94-100.
12. **Poddar, S., Sanyal, N. & Mukherjee, U. (2014).** Psychological profile of women with infertility: A comparative study. *Industrial Psychiatry Journal*, 23(2), 117-126.
13. **Mukherjee, U. & Poddar, S. (2014).** Personality Correlates and Psychiatric Morbidity in University Going Students- An Exploratory Study. *International Journal of Social Science & Interdisciplinary Research*, 3(11), 10-19.

14. **Mukherjee, U., Roy, P.K. (2014).** Interpersonal Psychotherapy in Chronic Depression: A Case Study. *Journal of Rural and Community Psychiatry* [April 5, 2014; ISSN No. 2348- 3474 (Print) & 2348- 3482 (Online)]
15. **Ray, A., Pradhan, R., Mukherjee, U., Majumdar, B. (2012).** Decision Making Behaviour of Higher Secondary Students in Relation to their dimensions of Information seeking, Career Stress and Social Adjustment. *Indian Journal of Community Psychology*, 8(1), 1-15.

Articles/Chapters Published in Edited Volume:

1. **Mukherjee, U. (2019).** Domains of Human Development. In Sanyal, S. & Dasgupta, M. (Eds.), *Baktisatantrer Manostatta O Bikasatmak Manobigyan (pp. 186- 213)*. West Bengal State Book Board. [ISBN: 978-81-247-0786-9]
2. **Simlai, J., Poddar, S., Mukherjee, U., Kumar, V. (2017).** Psychoeducation and Parental Programmes. In J.N. Vyas (Author), C.RJ. Khess, J. Simlai, N. Bohra, P.B. Behere, I. Sharma, N.K. Bohra & S.R. Ghimire (Eds.), *Textbook Of Child And Adolescent Psychiatry (pp.462- 469)*. Paras Medical Publishers. [ISBN: 9788181914729]
3. **Simlai, J., Mukherjee, U., Poddar, S., Mondal, P. (2017).** Language and Speech Disorders. In J.N. Vyas (Author), C.RJ. Khess, J. Simlai, N. Bohra, P.B. Behere, I. Sharma, N.K. Bohra & S.R. Ghimire (Eds.), *Textbook Of Child And Adolescent Psychiatry (pp. 227- 235)*. Paras Medical Publishers. [ISBN: 9788181914729]
4. **Mukherjee, U. (2011).** Students' Mental Health: Some Concepts and Preventive Measures. In Dastidar Ghosh N. & Rakshit, M. (Eds.), *Mental Health and Physical Fitness: A key to Peaceful life, An Academic Journal (pp. 53-55)*. Kolkata: Reader's Service. [ISBN: 9788187891543]

Full Papers in Conference Proceedings:

Poddar, S. & Mukherjee, U. (2015). Personality Profiles and Psychological Vulnerabilities in Adolescent Students: An Exploratory Study. In Ghosh, A., DuttaRoy, D., Gupta, R. (Eds.), *Adolescent Development: Issues & Challenges (Selected Papers from the National Conference on Adolescent Development: Issues & Challenges, January 29-30, 2015) (pp. 262- 276)*. New Delhi: Prasadpsycho Corporation. [ISBN: 9789384764043]

Published book/ Edited volume:

Sl. No.	Title	Book or Edited volume	Publisher & ISBN No	Whether Peer reviewed	No of Co-author	Author position	Date of Publication

1.	Personality Profile of Pet Owners and Non-Pet Owners A Comparative Study	Book	Lap Lambert academic publishing [978-620-2-51729-4] (International)	Yes	2	Third Author	2020
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Papers/ Symposia presented in Conferences/Seminars/Workshops/:

Sl. No	Title of the Paper/ Symposium Presented	Title of the Conference/ Seminar	Organising Authority	International/ National/ State/ Regional/ University/ College Level	Date of Conference / Seminar
1.	Lifestyle diseases- current trends, risk factors, prevention and intervention	46 th National Annual Conference of Indian Association of Clinical Psychologists- 2020	Department of Clinical Psychology, Govt. Medical College, Chandigarh and PGI Chandigarh	National	Feb 21-23, 2020
2.	Issues and Challenges in targeted interventions	Three- day National Conference on 'Entitlement, Equality and Mental Health: Contemporary Psychosocial Perspectives'	Department of Applied Psychology, Kazi Nazrul University, Asansol	National (ICSSR Sponsored and RCI accredited)	November 8-10, 2019
3.	Understanding Child And Adolescent Psychopathology: Socio-Cultural	44 th National Annual Conference of The Indian Association of Clinical	Department of Applied Psychology, Gautam Buddha University, Noida, UP	National	23 rd -25 th February, 2018

	Changes And Major Shifts In Perspectives And Policies	Psychologists			
4.	Attachment and Aggression Orientation in patients with Borderline Personality Disorder- An Interpersonal Perspective	44 th National Annual Conference of The Indian Association of Clinical Psychologists	Department of Applied Psychology, Gautam Buddha University, Noida, UP	National	23 rd -25 th February, 2018
5.	Use of Internet in Assessment and Management of Psychological Disorders	National Conference on Expanding Frontiers of Applied Psychology: Golden Jubilee Celebration of Department of Applied Psychology	Department of Applied Psychology, University of Calcutta, Kolkata	National	3 rd -4 th March, 2017
6.	Psychological Profile of Professional Cricketers: A Comparative Study	51 st National and 20 th International Conference of the Indian Academy of Applied Psychology (IAAP)	Department of Psychology, Jnana Bharathi, Bangalore University at Bengaluru, Karnataka	International	6 th -8 th May, 2016
7.	Diagnostic Efficiency of Rorschach Inkblot Method Revisited- Two Case Vignettes	Centenary Conference on Psychology- An International Event	Department of Psychology and Department of Applied Psychology, University of Calcutta, Kolkata	International	9-11 October, 2015

8.	Psychological Predictors of Obesity	41 st National Annual Conference of The Indian Association of Clinical Psychologists	Gandhinagar, Gujrat, India	National	6 th -8 th February, 2105
9.	Personality Profiles and Vulnerabilities in Adolescent Students- An Exploratory Study	National Conference on “Adolescent Development : Issues and Challenges”	Psychology Research Unit, Indian Statistical Institute, Kolkata	National	29- 30 January, 2015
10.	Psychosocial Factors of Obesity- A Comparative Study	50 th National & International Conference of the Indian Academy of Applied Psychology (IAAP)	Department of Psychology, Sri Padmavathi Women’s Degree & PG College, Tirupati, Andhra Pradesh	International	23 rd - 25 th January, 2015,
11.	A Study to Investigate Identity Style and Self-Esteem among Adolescents	International Conference on “Protection of Child Rights: Issues and Challenges”	Department of Applied Psychology, Pondicherry University	International	18-20 January, 2013
12.	A Study on General Well-Being and Some Life Skill Attributes of Students of Calcutta University	46 th National and 15 th International Conference of the Indian Academy of Applied Psychology (IAAP)	Department of Studies in Psychology, University of Mysore, Mysore, Karnataka, India	International	4 th -6 th February, 2011

Organising Seminar/Conference/Symposia:

Sl. No	Convenor/ Co-convenor	Theme of the Conference/ Seminar/ Symposia	Whether International/ National/ Regional/ State/ University Level	Date of the Conference/Seminar/Symposia
1.	Convenor	Psychosocial Dimensions of Contemporary Socio-Political issues in Asia	State	January 10, 2020
2.	Scientific Programme Coordinator	Three- day National Conference on ‘Entitlement, Equality and Mental Health: Contemporary Psychosocial Perspectives’	National	November 8-10, 2019
3.	Convenor	National Symposium on ‘Common Mental Health Issues’	National	January 22, 2019
4.	Co-Convenor	World Mental Health Day	University	10 th October, 2018
5.	Convenor	One day Symposium on “Stress and Vulnerabilities in Young Adults”	University	20 th September, 2018

Invited Lectures/Chairing the Session & Presentation in Conference/Seminar/Workshop etc:

- Delivered lecture on Special Scores-2 during the Two days National level Workshop on Rorschach: Exner’s Comprehensive System, jointly organized by Department of Clinical Psychology, Central Institute of Psychiatry, Ranchi and Rehabilitation Council of India, New Delhi, on 16th-17th March, 2020.
- Presented an Invited Symposium on “Newer trends in Understanding and Management of Child and Adolescent Psychopathology” in the 38th Annual National Conference of Indian Society of Professional Social Work (ISPSW-2020) organized by Department of Psychiatric Social Work, Central Institute of Psychiatry held during February 28- March 1, 2020.
- Chaired a scientific session (oral presentation) in the Three- day National Conference on ‘Entitlement, Equality and Mental Health: Contemporary Psychosocial Perspectives’ held on November 8-10, 2019, organized by Department of Applied Psychology, Kazi Nazrul University, Asansol
- Resource person in a parent counselling and awareness programme held on 04.04.2019 at Asansol Anandam (A special child development centre)

- Delivered lecture on Effective Communication on 16th September, 2019 in the 15-day training on Drug Deaddiction Counselling for the Project Directors , Counsellors, Social Workers working in the Treatment centers for the addicts.supported by the Ministry - GOI held at Regional & Resource Training Centre (RRTC), Kolkata (from 16-30 September, 2019).
- Delivered lecture as resource person in the 5-day Course on Counselling Issues and Processes for the functionaries of IRCA on REDA model and Concept and Process of individual counselling on 10th October 2017 at Regional & Resource Training Centre (RRTC), Kolkata (from 9-13th Oct'17) supported by National Institute for Social Defense- Ministry of Social Justice & Empowerment (NISD-MOSJE), Government of India.
- Co-Chaired a session on Positive Psychology in the National Conference on Expanding Frontiers of Applied Psychology: Golden Jubilee Celebration of Department of Applied Psychology, on 3rd -4th March, 2017, organized by Department of Applied Psychology, University of Calcutta, Kolkata and the Indian Academy of Applied Psychology as academic partner.
- Presentation at the Interactive Session on Career Opportunities organized by Career Counselling Committee of Dr. A.P.J. Abdul Kalam Gov't College on 22nd November, 2016 at Dr. A.P.J. Abdul Kalam Gov't College, NewTown, Kolkata.
- Delivered lecture as a Resource person in a training programme on "One Month Course on Deaddiction Counselling" (on REDA model- Rapport building and Exploration) at the Regional & Resource Training Center (RRTC), Kolkata, The Calcutta Samaritans, supported by National Institute for Social Defense- Ministry of Social Justice & Empowerment, Government of India on 29-30 November, 2016.
- Resource person in a training programme on "One Month Course on Deaddiction Counselling" at the Regional & Resource Training Center (RRTC), Kolkata, The Calcutta Samaritans, supported by National Institute for Social Defense- Ministry of Social Justice & Empowerment, Government of India on 10-11 August, 2016.
- Delivered a class on Child Psychology in the Refresher Course for the Principal Magistrates of Juvenile Justice Boards at the West Bengal Judicial Academy, Salt Lake, Kolkata on 10.08.2016.
- Resource person on REDA model in the "1 Month Course on Counselling" (23rd March - 20th April 2015), supported by NCDAP-NISD under Ministry of Social Justice & Empowerment, Government of India, held at Regional & Resource Training Centre (RRTC), Kolkata.
- Training facilitator in the Adolescent Health Training programme organized by GOAL India on the topic Adolescent Counselling (Career Counselling and Parental Counselling) on 12th September, 2014.
- Delivered lecture in the Refresher course on "Child Psychology" for principal magistrates of Juvenile Justice Board on 12.08.2014 on the topic "Child psychopathology- Implications and Rehabilitations".
- Delivered lecture in the Refresher course on "POCSO Act, 2012" for additional district and sessions judges on 19.08.2014 on the topic "Psycho-social issues of the victims and their rehabilitations".

- Resource person and facilitator in the 12 days Induction training for ART Counsellors of Assam, Arunachal Pradesh, Tripura, Nagaland, West Bengal and Orissa on ‘Mental Health aspects of HIV/AIDS’, held on 26.05.2014, organized by Saksham -The Global Fund to Fight AIDS, Tuberculosis and Malaria, Round-7, HIV/AIDS Counselling Sub-component, Department of Applied Psychology, University of Calcutta in collaboration with West Bengal State AIDS Prevention and Control Society, at Ballygunj Science College, Kolkata.
- Resource person and moderator of a session in the training of Master Trainers, in May, 2014, organized by Saksham -The Global Fund to Fight AIDS, Tuberculosis and Malaria, Round-7, HIV/AIDS Counselling Sub-component, Department of Applied Psychology, University of Calcutta, at Ballygunj Science College, Kolkata.

Research guidance:

Sl. No	Name of the research student	Title of the Thesis	PhD/ M.Phil/ M.Sc.	Year
1.	Neelanjana Das	Life Orientation, Coping and Social Support in Elderly Individuals during COVID-19 Lockdown Period	Masters Dissertation	2020
2.	Papiya Sen	Depression, Anxiety, Stress, Life Satisfaction and Suicidal Ideation among Engineering Students		2020
3.	Papiya Dutta	A Study on Psychological Correlates among College Students Playing Online Games		2020
4.	Natasha Sashmal	Type- D personality and self-disclosure		2020

		among university students		
5.	Supteshna Ghosh	Relation between Internet Use and Personality Traits among University Students		2020
6.	Oindrila Banik	Cutting for survival: comparison of personality traits among the butchers, surgeons and tailors		2019
7.	Sanjukta Samanta	Emotional Intelligence, Resilience, Locus of Control and Stress among Under Graduate Engineering and Humanities students: A comparative study		2019
8.	Samragyee Pal	A Study on Trait Mindfulness, Hardiness, Action Control and Negative Emotionality among Mothers of Children with Disabilities		2019
9.	Poulomi Ghosh	Comparison of personality traits, burn-out, life satisfaction and coping strategies among post graduate trainees of surgery and non-surgery		2018
10.	Ishita Chattaraj	Personality profile, job satisfaction, quality of life among school, college, university teachers		2018

Participation:

- Participated in the International Webinar on ‘Mapping the Pandemic: Plight of Women, Migrant Labourers and the Human Mind’, held on June 26th, 2020, organized by Loreto college, Kolkata
- Participated in Online Workshop on Research Methodology during 22-26 June, 2020, organized by IQAC, Acharya Prafulla Chandra College in collaboration with IQAC, East Calcutta Girls’ College
- Participated in the One- day National Webinar on ‘Covid-19: Counselling Needs in the Challenging Scenario’ on 18th June, 2020, organized by Department of Psychology, S.M.D. College, Punpun and R.R.S. College, Mokama.
- Participated in online workshop on Digital Leadership course part 2: Educational Technologies during 22-24 April, 2020 (8 hours duration), organized by QASPIR
- Participated in online learning workshop for faculty during April 1-3, 2020 (8 hours duration), organized by QASPIR
- Participated in the Online CME on ‘Physical Health in Severe Mental Illness: Refocusing the Gaze’ on 13th March, 2020, conducted by team ‘Improving Outcomes in Mental and Physical Multimorbidity and Developing Research Capacity (IMPACT) in South Asia, a collaborative project between National Institute of Mental Health and Neurosciences (NIMHANS), India and University of York, UK, funded by National Institute for Health Research, UK, organized in association with Indian Psychiatric Society, Karnataka Chapter (IPSKC), and World Health Organization, India Office.
- Participated in International Conference on “Women’s Safety in Dogmatic Times’ during 9th-10th March, 2018.
- Participated in the One- day seminar on ‘Approaches to Indian Psychology’ and closing ceremony of the Golden Jubilee celebration of the Department of Applied Psychology, University of Calcutta held on 13th February, 2018.
- Participated in the seminar on Fairy Tale Test at Department of Psychology, University of Calcutta, Kolkata in January, 2017.
- Participated in the seminar titled “On Transience: Japanese Contribution to Psychoanalysis” by Dr. Osamu Kitayama, organized by West Bengal State University, Centre for Psychodynamic Studies, on 5th January, 2017.
- Participated in the two-day ICSSR sponsored National Seminar on “Psychotherapies- Contemporary Approaches in 21st Century India”, organized by Department of Psychology, Loreto College, Kolkata in collaboration with Department of Psychology, West Bengal State University, Barasat, West Bengal on November 24-25, 2016.
- Participated in the One-day International Workshop on Moral Psychology organized by Department of Applied Psychology, University of Calcutta- UGC, DRS-II (SAP) Programme on 15th February, 2016.
- Participated in the CRE Programme on Projective Tests (TAT & RIBT) during 24-26 July, 2015, organized by Department of Psychology, University of Calcutta.

- Participated in the Refresher Programme on Research Methodology (CRE), affiliated by Rehabilitation Council of India, organised by Department of Psychology, University of Calcutta, during 21st- 26th March, 2015, held at University College of Science, Kolkata.
- Participated in the National Seminar on History of Psychology in India, organised by Department of Psychology, University of Calcutta in collaboration with Department of Applied Psychology, University of Calcutta and Ramakrishna Mission Institute of Culture, Golpark, Kolkata, during 18th - 19th March, 2015.
- Participated in the National Workshop on Clinical Hypnotherapy: Foundations and Applications organised by Indian Society for Clinical & Experimental Hypnosis in association with Songs of Mind Foundation, during 21st-23rd November, 2014, held at Ramakrishna Mission Institute of Culture, Golpark, Kolkata.
- Participated in the two-day workshop “Breaking the Silence” on understanding and working with incest and child sexual abuse survivors, conducted by Ms. Anuja Gupta (RAHI Foundation, New Delhi) on 8th and 9th November, 2014 at Calcutta Media Training Institute, Kolkata.
- Participated in the workshop on “Carl Rogers & his Client-centered Therapy” conducted by Vaishali Ghosh and Breaking Through Dyslexia on 30th October, 2014.
- Participated in the workshop on “Play Therapy” conducted by Vaishali Ghosh and Breaking Through Dyslexia on 29th October, 2014.
- Participated in the workshop on “Cognitive Behaviour Therapy” conducted by Mr. Prasanta Kumar Roy, organized by ANTARA on 16th October, 2014.
- Participated in the Psychiatric Conference 2014, 20th-21st September, 2014 at the Lalit Great Eastern, Kolkata.
- Participated in the International Conference on Developmental Disability (ICDD), 2014 organized by Centre for the study of Developmental Disability (SAP, DRS-I), Department of Psychology, University of Calcutta, India during March 6-8, 2014 at Kolkata.
- Participated in the workshop titled Developmental Speech Language Training through Music for Children with Developmental Disorders at the International Conference on Developmental Disability (ICDD), 2014 organized by Centre for the study of Developmental Disability (SAP, DRS-I), Department of Psychology, University of Calcutta, India on March 7, 2014.
- Participated in the workshop on Thematic Apperception Test at ANTARAGRAM (Psychiatric Treatment & Rehabilitation Centre) on 4th October, 2013.
- Participated in the three-day seminar-cum-workshop on “Mental Health and Assessment Techniques” organized by DRS-I (SAP) Project, Department of Applied Psychology, University of Calcutta, during 18-20 July, 2012.
- Participated in the workshop on “Application of Reliability Statistics in Psychological Research” conducted by the Psychology Research Unit, Indian Statistical Institute, Kolkata, on 21st October, 2011.
- Participated in the two day seminar on “Community Mental Health: Issues and Challenges” organized by DRS-I (SAP) Project, Department of Applied Psychology, University of Calcutta, during 30-31 March, 2011.

- Participated as a volunteer in a Two-week Workshop on Counselors' Training in a Project of Global Fund to Fight AIDS, Tuberculosis and Malaria (GFATM) Round 7, Counselling Sub-component held at University College of Science, Calcutta University, Ballygunj Circular Road Campus in February 2010.
- Participated in the two day seminar on "Students' Mental Health" organized by the Department of Applied Psychology, University of Calcutta, as a part of DRS-I (SAP) Project, on 04-05 February, 2010.

Research Fellowship/ Awards received:

- Best paper award for paper titled "Attachment and Aggression Orientation in patients with Borderline Personality Disorder- An Interpersonal Perspective" (*Authors: Urbi Mukherjee, Jayanti Basu, Ushri Banerjee*) in the 44th National Annual Conference of The Indian Association of Clinical Psychologists 23rd -25th February, 2018, organized by Department of Applied Psychology, Gautam Buddha University, Noida, UP.
- Awarded best presentation for Poster titled "Diagnostic Efficiency of Rorschach Inkblot Method Revisited- Two Case Vignettes" in the Centenary Conference on Psychology- An International Event organized by Department of Psychology and Department of Applied Psychology, University of Calcutta, Kolkata, during 9-11 October, 2015 at Kolkata, India.
- Awarded Prof. Dipak Bhat Award for session Best Paper Presentation in the 50th National & International Conference of the Indian Academy of Applied Psychology (IAAP) during 23rd - 25th January, 2015, at Tirupati, Andhra Pradesh, India.
- Worked under University Research Fellowship in the Department of Applied Psychology, University of Calcutta (2014-2015).
- As DRS, UGC Fellow: Data collection in fields, development and standardization of assessment tools under DRS-I (SAP-III) Programme, Department of Applied Psychology, University of Calcutta.
- Stood first in order of merit in M.Phil. Part-II Examination, 2013 (held in January 2014), in Clinical Psychology, Institute of Psychiatry, Kolkata under West Bengal University of Health Sciences.
- Awarded Professor Anima Sen Memorial Award for obtaining Second position in order of merit in M.A./ M.Sc. Examination in Applied Psychology, 2010, University of Calcutta.
- Awarded Session Best Paper Presentation in the 46th National and 15th International Conference of the Indian Academy of Applied Psychology (IAAP) on "Life Skills for Quality of Life", organized by the Department of Studies in Psychology, University of Mysore, Mysore, Karnataka, India during 4th-6th February, 2011.
- Stood Second in aggregate in Class-I in order of merit in M.A. Part-II Examination, 2010, in Applied Psychology, University of Calcutta.
- Stood Ninth in aggregate in Class-I in order of merit in B.A. Part-III (Three year Hons.) Examination, 2008, in Psychology, University of Calcutta.

- Awarded with Martyr Animesh Chowdhury Memorial & Nripesh Ch. Guha Memorial & Punyalekha Banerjee Memorial prizes from Asutosh College for the session 2008-2009 for securing highest marks in B.A. Part-III Examination, 2008.
- Merit certificate from National Scholarships Scheme for securing high position (Serial No. in merit list: 5895; Rank: 107).

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[Urbi Mukherjee]
