CURRICULUM VITAE

Name: SHUVABRATA PODDAR

Current Designation and Institutional Affiliation: Assistant Professor, Department of Applied Psychology, Kazi Nazrul University, Asansol, West Bengal, India

Address for Communication : Department of Applied Psychology, Vidyacharcha Bhavan, Kazi Nazrul University, P.O. Kalla CH, Asansol (W.B.)-713340

E-mail: shuvabrata.poddar@knu.ac.in

Present Occupational Status:

Assistant Professor, Department of Applied Psychology, Kazi Nazrul University, Asansol

Educational Qualifications (from 10th Standard onward):

Examination	Name of the	Year of	Marks	Grade / Class
	University	Passing	obtained	
			(%)	
M.Phil	Ranchi University	2013	68.6	I
M.Sc.	University of	2009	70**	I
	Calcutta			
B.Sc.	University of	2007	60	I
	Calcutta			
XII	CBSE	2004	60.4	I
X	CBSE	2002	74	I

- Qualified CBSE-UGC-NET in December, 2014
- **Secured ^{9th} rank in University
- Cleared all the exams in first attempt

Professional Qualification:

M.Phil in Medical and Social Psychology (Reg. No. A36767)

Research Degree:

Pursuing PhD under University of Calcutta (Thesis submitted)

Details of Teaching Experience / Other Job Experience:

Designation	Employer	Period of Service From to
Assistant Professor, Department of Applied Psychology	Kazi Nazrul University	29 th February, 2016-Present
Assistant Professor and Coordinator, Department of Applied Psychology	Kazi Nazrul University	17 th May, 2016 – 1 st December, 2019
Assistant Professor of Department of Clinical Psychology Worked as a psychologist in CUIIPP, Department of Psychology	Central Institute of Psychiatry, Ranchi, Jharkhand, India	28 th , November, 2013-27 th November, 2015
Worked as a Clinical Psychologist in	University of Calcutta	June, 2013- November, 2013
AddLife Caring Minds, a multispecialty clinic As a clinical psychologist	AddLife Caring Minds	May, 2013 to November, 2013
As a psychologist in CUIIPP Research fellow in a project		July, 2010-April 2011
As a psychologist	Little Hut Nirikshan Kendra, Kolkata, West Bengal, India	July '09toMarch'10

Published Papers in Journals:

Sl. No	Name of Article	Journal with page no	ISSN/ ISBN No	Referred/N on- Referred	No of Co- auth or	Wheth er main author	Date of Publicati on
1.	Ascending Child Sexual Abuse Statistics	Indian Journal of Psychologic	ISSN: 0253-7176 Online	Referred	1	Yes	In press, 2020

	T			T			
	in India during	al Medicine	ISSN:				
	COVID-19		0975-				
	lockdown: A		1564				
	darker reality						
	and alarming						
	mental health						
	concerns.						
2.	Rorschach	Asian	ISSN	Referred	3	Ye	In press,
	Variables as	Journal of	1876-2018			S	2020
	Diagnostic	Psychiatry					
	Differentiator of						
	Dissociative						
	Disorder,						
	Borderline						
	Personality						
	Disorder and						
3.	Schizophrenia A study on	Indian	ISSN:	Referred	1	Ye	Accepted
J.	narcissism and	Journal of	2582-1393	Referred	1	S	, 2019
		Health				8	, 2019
	ego impairment indicators in	Social Work	(Online)				
		Social work					
	Borderline						
	Personality						
	Organization	T 11	IGGNI	D 0 1		**	2010
4.	Sex work in	Indian	ISSN:	Referred	0	Ye	2019
	Indian Society:	Journal of	2582-1393			S	
	Then and Now	Health	(Online)				
		Social					
		Work,					
		1(2), 3-7					
5.	Is Childlessness	Humanities	23496711/	Referred	2	Ye	2018
	a Reflection of	and Social	23496959			S	
	Narcissism: A	Science					
	Comparative	Studies,					
	Study?	7(1), 54-71.					
6.	Impact of	Psychology	24747688	Referred	2	Ye	2017
	Acceptance and	and				S	
	Commitment	Behavioral					
	Therapy on	Science,					
	Valuing	3(3), 1-5.					
	Behaviour of						
	Parents of						
	Children with						
	Neurodevelopm						
	ental Disorders.						
]		

7.	A commonative	International	22790179	Referred	3	No	2017
/.	A comparative		22/901/9	Referred	3	NO	2017
	study of	Journal of					
	psychosocial	Educational					
	factors of	and					
	obesity.	Psychologic					
		al					
		Researches,					
		3(2), 87-95.					
8.	Psychological	The	23485396	Referre	3	No	2016
	predictors of	International		d			
	obesity.	Journal of					
		Indian					
		Psychology,					
		3(3), 154-					
		168.					
9.	Internet gaming	Indian	ISSN 001	Referred	2	Ye	2015
	disorder:	Journal of	9-5545			S	
	Application of	Psychiatry,					
	motivational	57(1), 100-					
	enhancement	101					
	therapy						
	principles in						
	treatment.						
10.	Acceptance and	International	22790179	Referred	2	Ye	2015
	Commitment	Journal of				S	
	Therapy on	Educational					
	Parents of	and					
	Children and	Psychologic					
	Adolescents	al					
	with Autism	Researches,					
	Spectrum	1(3), 221-					
	Disorders.	225.					
11.	Challenges of	Family	ISSN:	Referred	2	Ye	2015
	Parents having	Medicine	2249-			S	
	Developmentall	and Primary	4863/				
	y Challenged	Care, 4(4),	2278-7135				
	Children- An	604-605.					
	Intervention						
	Approach using						
	Acceptance and						
	Commitment						
	Therapy.						
12.	Problematic Problematic	Journal of	ISSN:	Referred	6	No	2015
	Internet Use	Neuroscienc	Print -			1.0	
	among students	es in Rural	0976-				
	of Mental	Practice,	3147,				
	or michal	ractice,	2171,				

	Health:	6(3), 452-	Online -				
	Preliminary	454.	0976-3155				
	findings from						
	eastern India.						
13.	Personality	International	22773	Referre	1	Ye	2014
	Correlates and	Journal of	630	d		s	
	Psychiatric	Social					
	Morbidity in	Science &					
	University	Interdiscipli					
	Going Students-	nary					
	An Exploratory	Research,					
	Study.	3(11), 10-					
		21.					
14.	Psychologic	Industrial	09762	Referred	2	No	2014
	al profile of	Psychiatry	795				
	women with	Journal,					
	infertility: A	23(2), 117-					
	comparative	126.					
	study.						
15.	Psychological	Industrial	09762	Referred	4	No	2014
	interventions in	Psychiatry	795				
	pervasive	Journal,					
	developmental	23(2), 94-					
	disorder: An;	100.					
	overview.						
16.	Effectiveness of	Indian		Referred	1	Ye	2014
	Acceptance and	Journal of				S	
	Commitment	Developmen					
	Therapy on	tal					
	Parents of	Disabilities,					
	Children and	2(2), 123-					
	Adolescents	132					
	with						
	Neurodevelopm						
	ental Disorders.						
17.	Book Review:	Psybernews,		Referred	1	Ye	2014
	Young Tagore	5(2), 137-				S	
	The Makings Of	141					
	A Genius: By						
	Sudhir Kakar.						
<u> </u>	1		1	1			

Articles / Chapters published in edited volume:

SI . N o	Name of article/chapter	Name of edited volume, editor & publisher	ISBN No.	No of Co- auth or	Wheth er you are the main author	Date of publi cation
1.	Psychoeducatio n and Parental Programmes.	In J.N. Vyas (Author), C.RJ. Khess, J. Simlai, N. Bohra, P.B. Behere, I. Sharma, N.K. Bohra &S.R. Ghimire (Eds.), Textbook Of Child And Adolescent Psychiatry (pp.462-469). Paras Medical Publishers.	[ISBN: 9788181914 729]	3	No	2016
2.	Language and Speech Disorders.	In J.N. Vyas (Author), C.RJ. Khess, J. Simlai, N. Bohra, P.B. Behere, I. Sharma, N.K. Bohra &S.R. Ghimire (Eds.), Textbook Of Child And Adolescent Psychiatry (pp.462-469). Paras Medical Publishers.	[ISBN: 9788181914 729]	3	No	2016
3.	Attachment disorders	In J.N. Vyas (Author), C.RJ. Khess, J. Simlai, N. Bohra, P.B. Behere, I. Sharma, N.K. Bohra &S.R. Ghimire (Eds.), Textbook Of Child And Adolescent Psychiatry (pp.462-469). Paras Medical Publishers.	[ISBN: 9788181914 729]	3	No	2016
4.	Vocational Rehabilitation: Recent Trends and Issues in Vocational Rehabilitation of people with ID.	Chapter in handbook of Research on Diagnosing, Treating and Managing Intellectual Disabilities Edited by Rejani TG.pp. 310-330.	[ISBN: 9781522500 896]	2	No	2016
5.	De ja vue experiences in different	Spirituality and Human Psyche edited by Nandita Chaube	ISBN-10: 1482867591 , ISBN-13:	2	No	2015

	psychiatric		978-			
	disorders.		1482867596			
6.	Mobile Phone	Adolescent Health - A	ISBN:	3	No	2015
	Dependence	Transdisciplinary	9789381992			
	and Family	Perspective (pp. 229-	210			
	Communication	243). Chennai: Today				
	Pattern among	Publication				
	Adolescent					
	Youth.					

Full papers in Conference Proceedings:

Poddar, S. & Mukherjee, U. (2015). Personality Profiles and Psychological Vulnerabilities in Adolescent Students: An Exploratory Study. In Ghosh, A., DuttaRoy, D., Gupta, R. (Eds.), Adolescent Development: Issues & Challenges (Selected Papers from the National Conference on Adolescent Development: Issues & Challenges, January 29-30, 2015) (pp. 262- 276). New Delhi: Prasadpsycho Corporation. [ISBN: 9789384764043]

Published Book or edited volume:

Sl. No.	Title	Book or	Publisher &	Whether	No of	Whether	Date of
		Edited	ISBN No	Peer	Co-	you are	Publicatio
		volume		revie	author	the main	n
				wed		author	
1.	Behavioural Interventions in Pervasive Development al Disorders (PDD) An Update	Book	Lap lambert academic publishing [978-620-2- 52017-1] (International)	Yes	2	First Author	2020
2.	Personality Profile of Pet Owners and Non- Pet Owners A Comparative Study	Book	Lap lambert academic publishing [978-620-2- 51729-4] (International)	Yes	2	Second Author	2020
3.	Recovery of cognitive functioning after complicated alcohol	Book	Lap lambert academic publishing [ISBN: 97836591236 65]	Yes	2	Second Author	2016

withdrawal-	(International)		
A prospective			
study			

Research Guidance:

Sl. No	Name of the	Title of the Thesis	PhD/M.Phil/M.Sc.	Year
	research student			
1.	Afreen	Attitude of		2020
	Fatma	Postgraduate		
		Students Towards		
		LGBTQ individuals		
2.	Adity	"Love during		2020
	Mukherjee	COVID-19		
		lockdown": a		
		psychological		
		probe into long		
		distance romantic		
		heterosexual		
		relationship".		
3.	Ishita Das	"Psychological		2020
		Distress,		
		Manifest Anxiety,		
		Body Image		
		Concern and Social		
		Media use		
		Among college		
		students during		
		COVID-19 lock		
		down"		
4.	Srijani Roy	"Reel and real"		2019
	Chowdhury	portrayal of		
		dissociative		
		Identity disorder:		
		a qualitative study		
5.	Ankhi	Personality profile		2019
	Banerjee	of Adolescents	u o	
		With dark	ati	
		complexion	sert	
6.	Manjari	Personality Profile	Masters Dissertation	2019
	Mukherjee	of Adolescents	ILS]	
		staying in	ıste	
		Orphanage:	Ms	
		Comparative Study		

7.	Sudipta Bera	Happiness,		2019
'.	Sudipia Dela	Optimism and		401 <i>7</i>
		Psychological		
		Wellbeing of		
		mothers with single		
		female		
		Child and mothers		
		with single male		
		child:		
		A gender		
		perspective		
8.	Ankita Sil	Personality traits,		2018
		Negative		
		Emotionality and		
		impulsivity among		
		bus and auto		
		drivers		
9.	Rupojyoti	Psychological		2018
	Mitra	profile of Female		
		Sex Workers		
10.	Priyanka	Personality profile		2017
	Mukherjee	of musicians and		
	•	non musicians		
11.	Sayona	Personality profile		2017
	Basak	of tattooed		
		individuals		
12.	Prarthana	Personality profile		2017
	Sengupta	of Pet Owners		
13.	Amit Kumar	Neuropsychological		2014
	Soni	functioning of the		
		patient of alcohol		
		dependence		
		syndrome		
		complicated		
		withdrawal – A		
		Prospective Study.		
		1 ,	su	
14.	Shikha Soni	Impulsivity,	All M. Phil dissertations	2014
		negative	ert	
		emotionality and	liss	
		personality		
		correlate in alcohol	Ph	
		dependence	Ž	
		syndrome with	5	
		Cluster-B	7	
		Clusiel-D		

		Personality traits	
15.	Archana	Gender difference	2014
	Kumari Das	on emotional	
		intelligence,	
		cognitive error and	
		self esteem in	
		bipolar depression	
16.	Ranjna	Cognitive style,	2015
	Manisha	emotion regulation	
	Kalundia	and coping style	
		among poly	
		substance	
		dependence	
		individuals	
17.	Aswathy	Emotional	2015
	Krishna	Intelligence And	
		Facial Emotion	
		Recognition As	
		Endophenotype In	
		Patients With	
		Paranoid	
		Schizophrenia	
18.	Sufia Nusrat	Neuropsychological	2015
		Profile Of Patients	
		With Frontal Lobe	
		Epilepsy: A	
		Comparison With	
		Temporal Lobe	
		Epilepsy	
19.	Akansha	Identification Of	2015
	Pandey	Problematic	
		Internet Use	
		Among	
		Adolescents	
20.	Anil Kumar	The Personality	2016
	Kochukuttan	Profile Of	
		Adolescents And	
		Adults With	
		Rorschach	
		Psychodiagnostic:	
		A Comparative	
		Study	
	Kochukuttan	Adolescents And Adults With Rorschach Psychodiagnostic: A Comparative	

21.	Mehak	The predictors of	2015
	Arora	quality of marital	
		life in patients with	
		Alcohol	
		dependence	
		syndrome: A	
		Comparative Study	
22.	Boban	Neuropsychological	2016
	Eranimos	Profile Of Patients	
		Of Schizophrenia	
		With And Without	
		Déjà Vu	
		Experience	

$\label{presentation} Presentation in Conference/Seminar/Workshop\ etc:$

SI. No	Title of the Paper presented	Title of the Conference/ Seminar	Organized by	International/ National/ State/ Regional/College or University level	Date
1.	Lifestyle diseases- current trends, risk factors, prevention and intervention	46 th National Annual Conference of The Indian Association of Clinical Psychologists	Department of Clinical Psychology, Government Medical College, Chandigarh and PGI Chandigarh	National	21 - 23 Feb, 2020
2.	Issues And Challenges In Targeted Interventions	Indian Council of Social Science Research (ICSSR) Sponsored Rehabilitation Council of India Accredited Three-day National Conference on "Entitlement, Equality and Mental Health: Contemporary Psychosocial	Department of Applied Psychology, Kazi Nazrul University, Asansol	National	8 th -10th November 2019

		Perspectives"			
3.	"Current practices in psychosocial rehabilitation for severe mental illness	"70th National Conference of Indian Psychiatric Society (ANCIPS 2018	5-8 February 2018 at Central Institute Psychiatry, Ranchi (CIP	National	5-8 February, 2018
4.	Understanding Child And Adolescent Psychopathology: Socio-Cultural Changes And Major Shifts In Perspectives And Policies	44 th National Annual Conference of The Indian Association of Clinical Psychologists	Department of Applied Psychology, Gautam Buddha University, Noida, UP	National	23 rd -25 th February, 2018
5.	Ego Impairment, Narcissism and Defensive Operations across Kernberg's Personality Organizations	44 th National Annual Conference of The Indian Association of Clinical Psychologists	Department of Applied Psychology, Gautam Buddha University, Noida, UP	National	23 rd -25 th February, 2018
6.	Use of Internet in Assessment and Management of Psychological Disorders	National Conference on Expanding Frontiers of Applied Psychology: Golden Jubilee Celebration of Department of Applied Psychology	Department of Applied Psychology, University of Calcutta, Kolkata	National	3 rd -4 th March, 2017
7.	Impact of Acceptance and Commitment Therapy on Valuing Behaviour of Parents of Children with Neurodevelopmental Disorders	51 st National and 20 th International Conference of the Indian Academy of Applied Psychology (IAAP)	Department of Psychology, Jnana Bharathi, Bangalore University at Bengaluru, Karnataka	International	6 th -8 th May, 2016
8.	Internet Addiction	International Conference on Centenary Psychology	Department of Psychology and Applied Psychology, University of	International	October 9th- 11th, 2015

			Calcutta, India		
9.	Ego Impairment Index-3: A Diagnostic Differentiator Of Dissociative Disorders, Borderline Personality Disorder And Schizophrenia	International Conference on Centenary Psychology, 2015	Department of Psychology and Applied Psychology, University of Calcutta, India	International	October 9th- 11th, 2015
10.	Diagnostic Efficiency Of Rorschach Inkblot Method Revisited- Two Case Vignettes	International Conference on Centenary Psychology, 2015	Department of Psychology and Applied Psychology, University of Calcutta, India	International	October 9th- 11th, 2015
11.	Impact of Acceptance and Commitment Therapy on Parents of Differentially Abled Children	Annual Conference of The Indian Association of Clinical Psychologists- 2015	IACP, Gandhinagar, Gujrat, India	National	6 th -8 th February, 2015
12.	Personality Profiles and Vulnerabilities in Adolescent Students- An Exploratory Study	National Conference on "Adolescent Development: Issues and Challenges"	Psychology Research Unit, Indian Statistical Institute, Kolkata	National	29- 30 January, 2015
13.	Challenges of Parents having Developmentally Challenged Children- An Intervention Approach using Acceptance and Commitment Therapy	Psychiatric Conference 2014	Bengal IPS, Kolkata	State	20 th -21 st September, 2014
14.	Acceptance and Commitment on parents of children and adolescents with neurodevelopmental disorders	International Conference on Developmental Disability (ICDD), 2014	Centre for the study of Developmental Disability (SAP, DRS-I), Department of Psychology, University of	International	March 6-8, 2014

			Calcutta, India		
15.	Mindfulness	UGC sponsored National Seminar on "Stress and Coping: Human Well Being"	Department of Philosophy, Mahestala College	National	17 th August, 2013
16.	Psychological profile of infertile women-A Comparative Study	JASCON-2012 (Dr. T.B. Singh Award category)	Ranchi	State	2012

Invited lectures/ Chairing the session:

- Delivered lectures as resource person in the 15-day Course on Counselling Issues and Processes for the functionaries of IRCA on REDA model and Concept and Process of individual counselling on 18th and 19th March, 2020 at Regional & Resource Trainning Centre (RRTC), Kolkata supported by National Institute for Social Defense- Ministry of Social Justice & Empowerment (NISD-MOSJE), Government of India. The programme is supported by NISD-MOSJE.
- Delivered a lecture on "Rorschach in Clinical and Forensic Consultation" during the Two days National Level Workshop on "Rorschach: Exner's Comprehensive System' jointly organized by Department of Clinical Psychology, Central Institute of Psychiatry, Ranchi and Rehabilitation Council of India, New Delhi 16th-17th March, 2020.
- Delivered a lecture on "Determinants: Shading, Reflection and Blends" during the Two days National Level Workshop on "Rorschach: Exner's Comprehensive System' jointly organized by Department of Clinical Psychology, Central Institute of Psychiatry, Ranchi and Rehabilitation Council of India, New Delhi 16th-17th March, 2020.
- Chaired a session in 38th Annual National Conferenceof Indian Society of Professional Social Work organized by Department of Psychiatric Social Work, Central Institute of Psychiatry, Ranchi during 28th February-1st March, 2020.
- Presented an Invited Symposium on "Newer trends in Understanding and Management of Child and Adolescent Psychopathology" in the 38th Annual National Conference of Indian Society of Professional Social Work (ISPSW-2020) organized by Department of Psychiatric Social Work, Central Institute of Psychiatry held during February 28- March 1, 2020
- Chaired a scientific sessions (symposia) in the Three- day National Conference on 'Entitlement, Equality and Mental Health: Contemporary Psychosocial Perspectives' held on November 8-10, 2019, organized by Department of Applied Psychology, Kazi Nazrul University, Asansol
- Delivered lectures as resource person in the 15-day Course on Counselling Issues and Processes for the functionaries of IRCA on REDA model and Concept and Process of individual counselling on 18th and 19th September, 2019 at Regional & Resource Trainning Centre (RRTC), Kolkata supported by National Institute for Social Defense- Ministry of Social Justice & Empowerment (NISD-MOSJE), Government of India. The programme is supported by NISD-MOSJE.

- Delivered a lecture on "Dream: A Gateway to the Unconscious" on 24.4.2019 at 10.00 AM at Jogamaya Devi College under the scheme of Lecture Series of Interdisciplinary Studies.
- Delivered a lecture on "World Psychology Day" on 24.4.2019 at 8.00 AM at Jogamaya Devi College under the scheme of Lecture Series of Interdisciplinary Studies.
- Delivered a lecture as a resource person during observance of World Autism Awareness week on 04.04.2019 organized by Asansol Anandam [A Special Child Development Centre].
- Delivered lectures as resource person in the 15-day Course on Counselling Issues and Processes for the functionaries of IRCA on REDA model and Concept and Process of individual counselling on 28th and 29th March, 2019 at Regional & Resource Trainning Centre (RRTC), Kolkata supported by National Institute for Social Defense- Ministry of Social Justice & Empowerment (NISD-MOSJE), Government of India. The programme is supported by NISD-MOSJE.
- Delivered lecture as resource person in the 5-day Course on Counselling Issues and Processes
 for the functionaries of IRCA on REDA model and Concept and Process of individual
 counselling on 27th November 2018 at Regional & Resource Trainning Centre (RRTC),
 Kolkata (from 26th-30th November '18) supported by National Institute for Social DefenseMinistry of Social Justice & Empowerment (NISD-MOSJE), Government of India. The
 programme is supported by NISD-MOSJE.
- Chaired a session in one day seminar organized by Department of Applied Psychology, Kazi Nazrul University, on 10th October, 2018 on the occassion of World Mental Health Day.
- Chaired a session in One day Symposium on "Stress and Vulnerabilities in Young Adults" Kazi Nazrul University, 20th September, 2018.
- Delivered lecture as resource person in One day Symposium on "Stress and Vulnerabilities in Young Adults" Kazi Nazrul University, 20th September, 2018.
- Chaired a session 44th National Annual Conference of The Indian Association of Clinical Psychologists, Department of Applied Psychology, Gautam Buddha University, Noida, UP, 23rd -25th February, 2018.
- Co-Chaired a session on Cognitive Psychology in the National Conference on Expanding Frontiers of Applied Psychology: Golden Jubilee Celebration of Department of Applied Psychology, on 3rd -4th March, 2017, organized by Department of Applied Psychology, University of Calcutta, Kolkata and the Indian Academy of Applied Psychology as academic partner.
- Delivered lecture as resource person in the 5-day Course on Counselling Issues and Processes
 for the functionaries of IRCA on REDA model and Concept and Process of individual
 counselling on 10th October 2017 at Regional & Resource Training Centre (RRTC),
 Kolkata (from 9-13th Oct'17) supported by National Institute for Social Defense- Ministry of
 Social Justice & Empowerment (NISD-MOSJE), Government of India. The programme is
 supported by NISD-MOSJE.
- Delivered lecture as a Resource person in a training programme on "One Month Course on Deaddiction Counselling" (on REDA model- Rapport building and Exploration) at the Regional & Resource Training Center (RRTC), Kolkata, The Calcutta Samaritans, supported by National Institute for Social Defense- Ministry of Social Justice & Empowerment, Government of India on 29-30 November, 2016.
- Resource person in a training programme on "One Month Course on Deaddiction Counselling" at the Regional & Resource Training Center (RRTC), Kolkata,

- The Calcutta Samaritans on 8th August, supported by National Institute for Social Defense-Ministry of Social Justice & Empowerment, Government of India on 10-11 August, 2016.
- Resource person in the "1 Month Course on Counselling" for staff working in the drug deaddiction centres at Bihar, Jharkhand, Sikkim and West Bengal, organized by Regional & Resource Trainning Center (RRTC) East Zone II, The Calcutta Samaritans on 16th April 2015, supported by National Centre for Drug Abuse Prevention (NCDAP)-NISD under Ministry of Social Justice & Empowerment, Government of India.
- Delivered a lecture on World Suicide Prevention Day Programme held on 10th September, 2015 organized by Department of Clinical Psychology, Central Institute of Psychiatry Ranchi.
- Conducted a workshop on Psychological Adaptability Analysis organized by Monday Consulting on 19th -20th June, 2015.
- Conducted a workshop on Mental Health and Well-being for students of Bishop Westcott Boys' School Namkum, Ranchi in 28th August 2014.
- Delivered a lecture during Training Programme on Substance Use Disorders organized by Central Institute of Psychiatry, Ranchi during 19th -28th August, 2014, funded by Department of Revenue, Ministry of Finance, Government of India.
- Delivered a lecture in a workshop Suicide Early Identification and Prevention held during 21st-23rd July, 2014 organized by Department of Clinical Psychology, Central Institute of Psychiatry Ranchi.
- Delivered Corporate health talks on 'Sleep Management' with Apollo life on 19th and 20th November, 2013.
- Delivered a talk on Anger Management during a workshop for NCC cadets on 7th January, 2013.
- Delivered a lecture on World Suicide Prevention Day Programme held on 11th September, 2012 organized by Department of Clinical Psychology, Central Institute of Psychiatry Ranchi.

Participation:

- Participated in the International Webinar on 'Mapping the Pandemic: Plight of Women, Migrant Labourers and the Human Mind', held on June 26th, 2020, organized by Loreto college, Kolkata
- Participated in Online Workshop on Research Methodology during 22-26 June, 2020, organized by IQAC, Acharya Prafulla Chandra College in collaboration with IQAC, East Calcutta Girls' College
- Participated in the One- day National Webinar on 'Covid-19: Counselling Needs in the Challenging Scenario' on 18th June, 2020, organized by Department of Psychology, S.M.D. College, Punpun and R.R.S. College, Mokama.
- Participated in the Webinar on 'Living on the Edge with Covid-19' on 4th June, 2020, organized by IQAC, Triveni Devi Bhalotia College, Raniganj, West Bengal.
- Participated in online workshop on Digital Leadership course part 2: Educational Technologies during 22-24 April, 2020 (8 hours duration), organized by QASPIR, UK.
- Participated in online learning workshop for faculty during April 1-3, 2020 (8 hours duration), organized by QASPIR, UK.
- Participated in the Online CME on 'Physical Health in Severe Mental Illness: Refocusing the Gaze' on 13th March, 2020, conducted by team 'Improving Outcomes in Mental and Physical Multimorbidity and Developing Research Capacity (IMPACT) in South Asia, a collaborative

project between National Institute of Mental Health and Neurosciences (NIMHANS), India and University of York, UK, funded by National Institute for Health Research, UK, organized in association with Indian Psychiatric Society, Karnataka Chapter (IPSKC), and World Health Organization, India Office.

- Participated on a Seminar on 'Reviewing The Mental Health Care Act, 2017' held on 25th March, 2018 organized by Centre for Counseling Services and Studies in Self-Development (CSSS), Jadavpur University.
- Participated in International Conference on "Women's Safety in Dogmatic Times' during 9th-10th March, 2018.
- Participated in Continuing Social Work Education (CSWE) Programme on World Social Work
 Day held during 21st March, 2017 organized by Department of Psychiatric Social Work, Central
 Institute of Psychiatry in collaboration with All India Association of Medical Social Work
 Professionals.
- Participated in the seminar on Fairy Tale Test at Department of Psychology, University of Calcutta, Kolkata in January, 2017.
- Participated in Faculty Development Programme held on 18th January, 2017 organized by Department of Commerce, Kazi Nazrul University in association with ICA Edu SkillsPvt Ltd.
- Participated in the two-day ICSSR sponsored National Seminar on "Psychotherapies-Contemporary Approaches in 21st Century India", organized by Department of Psychology, Loreto College, Kolkata in collaboration with Department of Psychology, West Bengal State University, Barasat, West Bengal on November 24-25, 2016.
- Participated in one day State Level Workshop on Stress Management organized by TDB College, Raniganj on 10th November, 2016.
- Participated in 14th Annual Conference of Jharkhand State Branch of Indian Psychiatric Society on 19th September, 2015.
- Participated in World Suicide Prevention Day Programme held on 10th September, 2015 organized by Department of Clinical Psychology, Central Institute of Psychiatry Ranchi.
- Participated in the International workshop on Moral Psychology held at Department of Applied Psychology 15th February, 2016.
- Participated in the Refresher Programme on Research Methodology (CRE), affiliated by Rehabilitation Council of India, organised by Department of Psychology, University of Calcutta, during 21st- 26th March, 2015, held at University College of Science, Kolkata.
- Participated in the National Seminar on History of Psychology in India, organised by Department of Psychology, University of Calcutta in collaboration with Department of Applied Psychology, University of Calcutta and Ramakrishna Mission Institute of Culture, Golpark, Kolkata, during 18th - 19th March, 2015.
- Participated in the workshop on Art Therapy at the International Conference on Developmental Disability (ICDD), 2014 organized by Centre for the study of Developmental Disability (SAP, DRS-I), Department of Psychology, University of Calcutta, India on March, 2014.
- Participated in 13th Annual Conference of Jharkhand State Branch of Indian Psychiatric Society on 12th October, 2014.
- Participated in the workshop titled Developmental Speech Language Training through Music for Children
 with Developmental Disorders at the International Conference on Developmental Disability (ICDD), 2014
 organized by Centre for the study of Developmental Disability (SAP, DRS-I), Department of Psychology,
 University of Calcutta, India on March 7, 2014.
- Represented Central Institute of Psychiatry and participated in the National Mind Summit, organized by Rehabilitation Council of India at Delhi, February 2014.

- Participated in two days National seminar on 'Cinema, Psyche & Society Dialogues & Engagements' held during 7th-8th, October, 2013 organized by Department of Psychology, University of Calcutta.
- Participated in Developmental Psychology and Mental Health held during 21st August, 2013 organized by Department of Psychology, DRS-SAP I.
- Participated in the Workshop on sensitising children and young people through life skills education on 29th July, 2013.
- Participated in the Workshop on "Play therapy" by Prof. (Dr.) MalavikaKapur, organized by DRS-I (SAP) Project, Department of Applied Psychology, University of Calcutta, during 30-31 March, 2011.

Organising Seminar/Conference/Symposia:

Sl. No	Convenor/ Co-convenor	Theme of the Conference/ Seminar/ Symposia	International/ National/ Regional/ State/ University Level	Date
1.	Convenor	Psychosocial Dimensions of Contemporary Socio- Political Issues in Asia	State Level	10 th January, 2020
2.	Organizing Chairperson	"Entitlement, Equality and Mental Health: Contemporary Psychosocial Perspectives"	National	8 th -10th November, 2019
3.	Convenor	National level Symposium on Common Mental Health Issues	National	22 nd January, 2019
4.	Co-Convenor	World Mental Health Day	University	10 th October, 2018
5.	Co-Convenor	One day Symposium on "Stress and Vulnerabilities in Young Adults"	University	20 th September, 2018

Received Research Fellowship/ Awards:

- Awarded with Bharat Vikas Award on World Human Rights Day, 10th December, 2016.
- Awarded with Session Best Paper Presentation in the International Conference on Centenary Psychology, 2015 organized byDepartment of Psychology and Applied Psychology, University of Calcutta, India during October 9th-11th, 2015 at Kolkata. Won best presentation for the scientific session.
- Awarded with Session Best Paper Presentation in the International Conference on Developmental Disability (ICDD), 2014 organized by Centre for the study of Developmental Disability (SAP, DRS-I), Department of Psychology, University of Calcutta, India during March 6-8, 2014 at Kolkata.
- Stood Ninth in aggregate in Class-I in order of merit in M.Sc. Part-II Examination, 2009, in Psychology, University of Calcutta.

[Shuvabrata Poddar]